

# Heavy Heart

**Choreographed by** Linda Sansoucy APDEL - NTA - ACDC. Cap St-Ignace, Québec, Canada 03/04 (418) 246-3319 - [servicep@globetrotter.net](mailto:servicep@globetrotter.net)

**Description** 32 Count Beginner, Partner circle dance in Right Side-By-Side

**Music** Facing LOD Intro:32  
Heartaches By The Number - The Deans 132 BPM CD:  
Sweet Nothings  
Don't Come Cryin' To Me - Vince Gill 134 BPM CD: The Key



---

## **1-8 Right Side Shuffle, Rock Step, Left Side Shuffle, Rock Step**

1&2 Step right to right, Step left next to right, Step right to right  
3-4 Rock back on Left, Recover onto Right  
5&6 Step left to left, Step right next to left, Step left to left  
7-8 Rock back on Right, Recover onto Left

## **9-16 Side Touch, Cross, Side Touch, Cross, Side Touch, Cross, Step In 1/4 Turn Right, Together**

1-2T ouch Right to right side, Cross Right over Left  
3-4 Touch Left to left side, Cross Left over Right  
5-6 Touch Right to right side, Cross Right over Left  
7-8 Step 1/4 turn right on Left, Step Right next to Left (OLOD)

## **17-24 Cross Rock Step, Side Shuffle, Cross Rock Step, Shuffle 1/4 turn Right *The Lady stands directly in front of the Man - Position Tandem***

1-2 Cross rock left over right, Recover onto right  
3&4 Step left to left, Step right next to left, Step left to left  
5-6 Cross rock right over left, Recover onto left  
7&8 Step 1/4 turn right with right, step left next to right, step forward on right (RLOD)

## **25-32 Step, Pivot 1/2 Turn Right, Shuffle Forward, Double Cross Kick, Side Touch, Cross Kick**

***Release left hands and Raise right hands***

1-2 Step forward Left, Pivot 1/2 turn Right (LOD)

***Recover left hands***

3&4 Shuffle forward Left-Right-Left  
5-6 Kick Right foot across Left foot (twice)  
7 Touch Right to right side  
8 Kick Right foot across Left foot

***Begin Again!***