



Every Step In The Book (Almost)

32 Count, 4 Wall, Improver

Choreographer: Pat Stott (UK) Oct 2018

Choreographed to: Down At The Twist and Shout by
Shauna McStravock

Commence on vocals 16 count intro from start of track (9 seconds)

Section 1 Touch - out, in, out, behind, side, cross, touch - out, in, out, behind, side, forward
1&2 Touch right toe out to right, touch next to left, touch right toe out to right
3&4 Right behind left, left to left, cross right over left
5&6 Touch left toe out to left, touch next to right, touch left toe out to left
7&8 Left behind right, right to right, step forward on left

Section 2 Mambo forward, back lock, coaster step, 3 runs forward
1&2 Rock forward on right, recover on left, step slightly back on right
3&4 Back on left, cross right over left, back on left
5&6 Back on right, close left next to right, forward on right
7&8 3 runs forward - left, right, left**

**Restart here during walls 4 & 7

9^h of 3^h

Section 3 Forward, recover, side, recover, coaster step, forward, recover, side, recover, 1/4 sailor step turning left
1&2& Rock forward on right, recover on left, rock right to right, recover on left
3&4 Back on right, close left to right, forward on right
5&6& Rock forward on left, recover on right, Rock left to left, recover on right
7&8 Left behind right, turn 1/4 left stepping right slightly to right, step in place on left

Section 4 Side strut, Rock back, recover, side strut, Rock back, recover, 3 heel struts turning 1/2 right, stomp together
1&2& Right toe to right side, lower heel, Rock back on left (slightly behind right), recover on right
3&4& Left toe to left side, lower heel, Rock back on right (slightly behind left), recover on left
5&6&7& Gradually turning 1/2 to right - 3 heel struts forward - right, left, right
8 Stomp left next to right with weight

**2 restarts on walls 4 (9 o'clock) & 7 (3 o'clock)- These are easy to hear as they are after the instrumental sections.

Big finish at the end of the track, hold Ta Daaaa!

Choreographers note:

This is perfect for beginners to move up to Improvers as it covers many of the steps they need to learn.

Happy birthday Janice!

finish at 12^h